

FLEM-KEN RSL MEMBERS' NEWSLETTER



October 2019

UPCOMING EVENTS

Melbourne Cup Day

Tuesday November 5

Book Launch

Saturday November 9

(This is a FREE event, but bookings must be made via this [LINK](#))

Remembrance Day

Monday November 11

1045am at the Cenotaph,

Refreshments to follow at the RSL

REGULAR EVENTS

Board game nights

*Wednesdays from 7pm,
upstairs*

Community ukulele

*Thursdays from 6pm,
downstairs*

WHAT'S BEEN GOING ON AT FLEM KEN RSL?

In August the club held an ordinary general meeting. The purpose of the meeting was to update members on our difficult financial position and the plan to address this. The committee also wanted to hear from members on what you wish for the club. One of the things we heard was that members wanted to see more events to line up with special occasions; such as commemorative dates, Cup Day, grand final etc. We also discussed two important initiatives which were well received. The first was our desire to reinvigorate the plan to open a cafe downstairs. The second was to explore with RSL Vic the possibility of selling the second title of the building to RSL so that we have the funds needed to remain viable in the long term.

At the meeting Andrew Seymon announced that was standing down as President after five years. Our Vice President, Jamie Twidale, has assumed the role of President until the AGM next year. The committee wish to thank Andrew for the significant amount of time and energy he has put into the club.

Veteran's Health Week (26 October – 3 November)

Mental Health awareness is the focus of this year's Veteran's Health week, and a focus on this is essential for the general wellbeing and connectedness with our community. If you or someone you know is struggling with your mental health or want more information, please reach out to us.

DVA and local organisations are running events to align with this week. You can find more information on their website: <https://www.dva.gov.au/health-and-wellbeing/health-events/veterans-health-week-26-oct-3-nov-2019>

We're always on the hunt for volunteers to help our club and events run more smoothly, and so we can be open more often! If you are interested in helping out, get in touch or fill out [this form](#).

Upcoming Events

In response to our General Meeting discussion, we hosted an event for Grand Final day, with a great crowd at the club. See the sidebar for events coming up in November.